

Volunteering at the Capital Area Food Bank Warehouse



The Capital Area Food Bank is the anchor of the region's hunger relief infrastructure. Every year, thousands of volunteers support our efforts.

What to Expect

Volunteers at the DC distribution center provide the essential first step in getting food flowing into the community. Volunteers assist with sorting food donations, gleaning produce, and packing food boxes along our motorized conveyor belt.

Volunteer work is considered light to medium labor. Volunteers should dress appropriately for working in a warehouse and closed-toed shoes are required (no Crocs).

Volunteer Check-in

Upon entrance into the facility all volunteers must:

- Sign in to confirm their attendance (providing CAFB with the names and emails of your team in advance greatly speeds up this process)
- Sign CAFB's waiver
- Wash their hands



Directions and Parking

The Capital Area Food Bank is located at [4900 Puerto Rico Avenue, NE Washington, DC 20017](#).



Upon arrival, follow the orange sign to the Volunteer parking lot and entrance off 6th Street, NE. (The parking lot is large and free at all times.)



Shuttles from the metro to CAFB pick up Mon-Fri at 8:45AM from Fort Totten Station (Green/Yellow and Red) and 12:45PM from Brookland Station (Red). **Need help?** Call the shuttle at 202.327.1929

We suggest volunteers leave valuables in their locked vehicle. However, CAFB can provide a lock to be used in our volunteer locker room. No bags may be taken into the warehouse. Once the majority of volunteers have arrived, Capital Area Food Bank staff will provide a safety briefing and assign tasks.

Don't Forget!

- Leave valuables in locked vehicle if possible
- Wear clothes appropriate for working in a warehouse
- Closed-toes shoes are required

